

Week 6 Term 1

MESSAGE FROM THE PRINCIPAL

Dear Namadgi Families,

If you have been looking at the school calendar and wondering why we have been at school for five weeks but we are in Week 6 of term, it is because Week 1 officially lasted one day. We essentially launched into the year in Week 2, thus the feeling like we are a week ahead of ourselves. Despite the confusion, the first half of Term 1 has gone well with camps, excursions, learning and NAPLAN preparation all underway.

With NAPLAN in mind, the 2026 assessment window is from the 11th – 23rd of March. Teachers will ensure preparations are ready for students to access the tasks and we will again provide some fruit and snacks to get everyone through. I would like to wish all our students undertaking NAPLAN in 2026 the best of luck and to try their best.

Please be reminded that smoking or vaping on school grounds is not permitted. As we are a government building, smoking or vaping is not permitted within a 100 metre radius of our boundary. This includes the carpark and driveways. Your consideration for the health of others, particularly our small people, is greatly appreciated.

With so many excursions and events on the school calendar coming up, please be mindful to keep permission notes coming back and money paid as directed on the notes. This ensures ongoing viability of excursions and extra-curricula programs that often enrich the learning experience for students. Payment plans can be arranged via our Business Manager or Deputy Principals. Please contact them via the front office should you need this option to help fund an excursion or program.

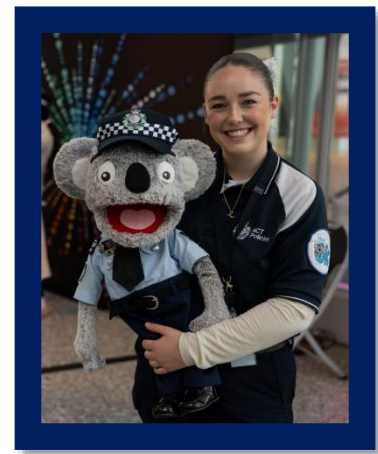
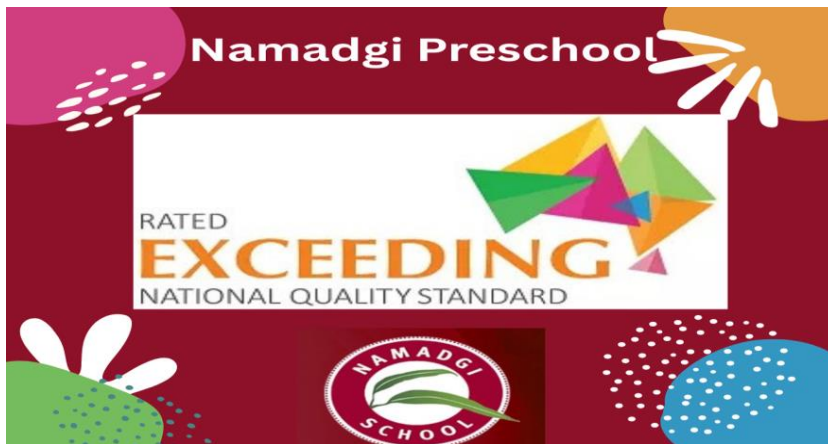
Thank you to families supporting the Book Fair in Week 6. There are some fantastic books on offer and funds raised also go back to our library to purchase resources. We will host more Book Fairs across the year, so keep an eye out for these as they are great opportunities to buy quality books and learning materials for students. Congratulations to the Kitchen Garden Team for their entries in this year's Canberra Show. With more awards under their belt the quality of Namadgi produce has been recognised again. The sustainable garden and education programs on offer have certainly been influential with students and families leading to changes within our community. We are also encouraging families to participate in Earth Hour on the 28th of March, as Namadgi will switch the lights off for an hour on Friday 27th of March (where safe to do so).

Thank you to our SRC for coordinating Harmony Day on Friday Week 8. Celebrating cultures from around the World and recognising the diverse nature of our community is very important. Students will receive more information for the Friday event as our SRC develop the flyers.

Our School Board and P&C will meet every week 8 after school hours and I encourage families to get involved and be part of the Namadgi School community. As we round up Week 6, our next P&C meeting will be scheduled for Thursday, 19th March, starting at 6pm in the administration building.

Kind Regards,
Gareth Richards
Principal – Namadgi School

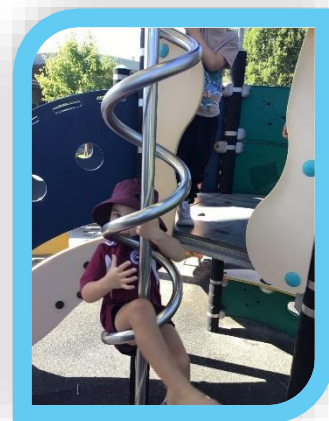
Preschool



Yuma Preschool Families!

What a fun and exciting start the Namadgi preschoolers have had! We've been making the most of the hot weather with plenty of water play, and as the days begin to cool, we're looking forward to exploring more nature-based experiences together.

It has been wonderful watching new friendships form and seeing



the children develop a strong sense of belonging as they explore preschool life. They are learning how to cooperate, connect, and enjoy being part of a larger social world. This focus on belonging and being creates a beautiful foundation for learning, growth, and becoming confident young people in the world.

A highlight this week was our visit from Kenny Koala! Constable Kenny Koala — that loveable koala with a heart of gold (and a habit of nodding off at the funniest moments!) — helped the preschoolers learn about staying safe around roads and cars, the importance of seatbelts, and why helmets matter when riding trikes, bikes, and scooters. 😊



REMEMBER:

◆ *SCHOOL PHOTOS in week 7: Wallabies and Emus: Tuesday 10th*

March

Wombats: Friday 13th March.

Send in spare clothes (including socks and underwear) each day.

Learning through play can get messy!

◆ *Write your child's name on all of their belongings*

Teachers: Cindy Treverrow, Rebecca Buchanan

LSAs: Puneet Sandhu, Lesley Charlton & Jodie Tolson

Executive Teacher: Emma Vince

K-6 Small Group Program

In our Small Group Programs, students have been exploring the wonderful world of Mathematics!

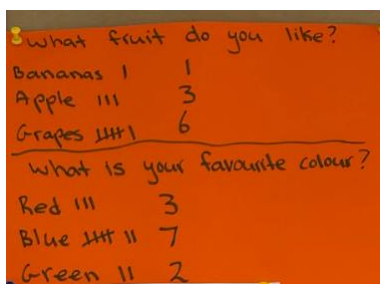
We have been building strong foundations in counting and number order, helping students understand how numbers work and relate to one another. Through hands-on experiences such as number charts, counting games and sorting activities, learning becomes engaging and meaningful. As students practise these skills, they begin to recognise patterns and relationships between numbers, strengthening both their confidence and understanding.

In the early years, we reinforce these concepts through a range of counting songs, repeated counting during play, transitions between learning spaces, and the use of preferred materials to maintain engagement and motivation.

In the upper years, we focused our attention on odd and even numbers and number sequencing, using place value to help guide our placement of numbers. Hands on activities and games are a great way to engage all students at their level.

We have also been exploring the concept of data. By sorting, counting and discussing results, students learn how data can help us identify patterns and answer questions. As our learning is tailored to each student's point of need, this looks different across classrooms. For some students, this may involve sorting pompoms by colour and counting how many of each were collected. For others, it may include surveying classmates about their favourite food and representing the results in a simple chart. Forming and answering questions is an extension of this skill which is made easier by using graphs to visually display gathered information.

It has been wonderful to see our students engaging with Mathematics in practical, purposeful and confidence-building ways.





Teachers: Lindel Warry, Cindy Somenek, Belinda Rathborne

LSAs: Riley, Priya, Foxy, Poppy, Alyse, Lynda, Keelie, Caitlin, Jasna

Executive Teacher: Emma Vince

KINDERGARTEN

We cannot believe how fast this term is going! Kindy students have settled into their learning routines. We have been working on saying goodbye to our families at the door, coming into the classroom and putting our fruit on our desk ready for the day. We have started One Word Spelling each morning. Students are given a word that they will become experts on. We identify the letters and sounds, syllables and practice writing our word in a sentence. Kindy also use this time to continue working on their letter formation.





MYSTERY BOX MONDAY!

Each week we start with a 'mystery box'. The mystery box contains a range of items that all start with the same sound. Students are invited to select something from the mystery box and think about what it may start with. Throughout this process students try to determine what our sound focus will be for the week. So far we have investigated the sounds 's', 'a', 't', 'p' and 'i' may make. We are starting to use these sounds to blend words when reading and transfer this skill to our writing.

Maths

Kindy have been extending our understanding of subitising, recognising the amount instantly, and applying this to a range of games. Students enjoyed being the 'teacher' in their group when leading a new game. As part of our daily routine, students participate in 'Number of the Day'. Each day we record the amount of days we have been at school. Students are their understanding of tally marks, number lines, tens frames and MABs to represent each number.

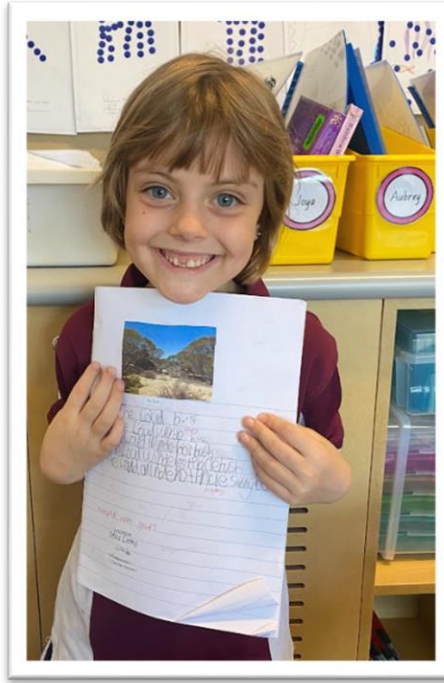


Kindergarten Team

Kristy Grady (Executive Teacher), Danni Smith (K Seals), Trista Ellison (K Turtles) and Morvern Dyer (K Dolphins)

Welcome to 1/2 at Namadgi

Year 1/2 have been very busy settling into our learning routines. We have been working on developing collaborative and cooperative skills such as turn taking and communicating through team challenges such building a pyramid of cups without touching the cups.



In English, we have been learning how to make sentences more interesting by adding adjectives to our sentences.

We really enjoyed visiting the book fair and immersing ourselves in new books we hadn't seen before and seeing what some of our favourite authors have recently published.



The Year 2 students who attended the swimming carnival on Thursday were able to share their experiences of the swim test, novelty events and cheering for students from throughout the school in the races.

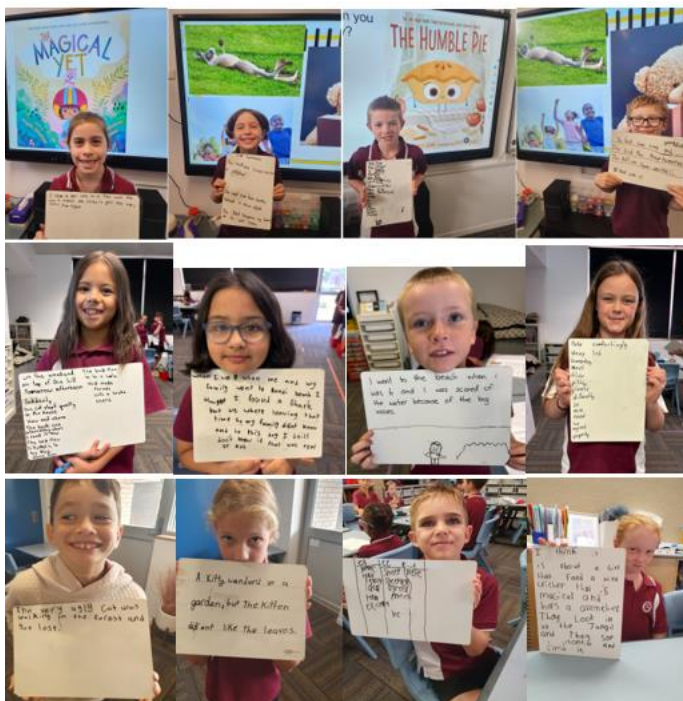
Year 1 and 2 Team
Susie Deards, Jordan Glavinic, Briana Gracie, Jessica Laing
K-2 Executive Teacher: Kristy Grady

YEAR 3 and 4

This term, our enthusiastic and imaginative Year 3 and 4 students have been working productively in English, developing their sentence structure skills in thoughtful and creative ways. We have been learning how to make our writing more vivid and engaging by carefully choosing powerful adjectives and precise adverbs. By adding these exciting details, the children have transformed simple sentences into rich and descriptive ones that truly capture the reader's imagination.

We have also been extending our sentences by including prepositional phrases. By adding phrases such as *on top of the hill*, *over the stormy clouds* and *quietly inside the old house*, the students have learned how to give their writing greater depth and detail. These carefully crafted additions help to paint clear pictures in the reader's mind and make each piece of writing more interesting.

After revising the narrative structure, including the opening, build-up, problem, resolution and ending, we brought all of these skills together. The students then planned and wrote their own short stories, thoughtfully applying their knowledge of descriptive language, expanded sentences and clear story structure. We also learned how to include dialogue in our stories by using speech marks accurately to show when a character is speaking. By adding conversations between characters, the children were able to bring their stories to life, reveal feelings and thoughts, and make their writing even more engaging for the reader. It has been wonderful to see their confidence grow as writers, creating well thought out sentences.



In spelling, we have been investigating long vowel sounds and exploring the different spelling patterns that create these sounds. We have been identifying patterns, spotting similarities and practising new words through engaging activities and focused practice. This has helped them to develop a stronger understanding of how words are constructed.

In reading, we have been concentrating on strengthening our comprehension skills. We have been learning how to make thoughtful predictions and how to activate our prior knowledge before and during reading. By making connections to ourselves, to other texts and to the wider world, the children are developing a deeper and more meaningful understanding of what they read. These strategies are helping them to become more confident, reflective and independent readers.

We are incredibly proud of the effort, creativity and determination shown by Year 3 and 4. Their growing

confidence and enthusiasm for English is shining brightly in every lesson!

The Year 3/4 Team

Ms Cintha, Mrs Roseler, Mrs Howell and Mrs Theo (Executive Teacher)

YEAR 5 and 6

Year 5/6 have had an excellent term so far, with students settling into routines and getting stuck into work. With the term moving quickly here's what we've been working on.

Literacy

In Literacy this term, students have been working hard on developing their persuasive writing skills. They are currently creating persuasive posters designed to "sell" a common everyday object, using strong hooks, convincing arguments and persuasive techniques to capture their audience's attention. Students have also been able to keep track of their progress through the writing process, moving pegs when they complete each stage. We have also continued exploring prefixes and suffixes in morphology. We have been learning and applying the different spelling rules when adding these to base words, helping to strengthen both spelling accuracy and vocabulary development. In Reader's Workshop, we have been building our comprehension skills by practising a range of reading strategies. Students are working on deepening their understanding of texts by making connections, asking thoughtful questions and analysing author choices.

Mathematics

In Mathematics, students have been focusing on fractions. They have been learning how to compare and represent fractions using fraction grids, helping them to visualise the size of fractions and understand equivalence. This visual approach has supported students in developing confidence when ordering and comparing different fractions.

It has been a productive and engaging few weeks of learning in Year 5/6!

Reminders:

- With the cooling please ensure jumpers are clearly labelled

As always, please reach out to your child's teacher if you have any concerns or questions. We hope you have a wonderful end to the term.



Classroom Teachers: Caitlin Walker, Edward Jones, Femke Matthews & Emma McLeod

Executive Teacher: Craig Lambert



KITCHEN GARDEN NEWS



Message from the Student Green Force Team



Well done to our wonderful Primary students who took part in **Clean Up Australia Day** during Weeks 5 and 6.

Together, students collected over 10 kg of rubbish from our playground, with 5/6 CW gathering the most at 2.51kg, an incredible effort! Much of the waste was soft plastics, including Zooper Dooper wrappers, straws, chip packets and lolly pop sticks.

According to **Clean Up Australia's** 2025 Litter Report, plastic makes up 80.8% of litter nationwide. We encourage families to reduce single-use plastics by choosing reusable containers and minimising packaging where possible. Thank you for helping care for our environment!



Canberra Show Success

Recently, we proudly entered our garden produce into the Produce Section at the Royal Canberra Show and were thrilled to be awarded the ribbon for Most Successful Junior Exhibitor, for the fifth year in a row! An outstanding achievement and a true testament to the dedication and care our students and staff put into our garden program.



Summer cooking

Students in K-2 recently enjoyed a wonderful hands-on cooking experience, preparing delicious bruschetta from scratch.

They began by visiting our school garden to harvest fresh tomatoes and basil. Back in the kitchen, students practiced their cutting skills to carefully chop the tomatoes. They then toasted their bread, gently rubbed it with garlic, and topped it with the fresh tomato, onion and basil mixture they had made themselves.

Students in Years 3-6 recently put our award-winning apples to delicious use, baking a tasty apple slice as well as slicing and dehydrating. They also harvested fresh tomatoes, cucumber and herbs from the garden to prepare a vibrant Lebanese Fattoush salad.



Kitchen Garden Team

K-2 Teacher Kathryn Glanville

3-6 Teacher Lydia Desmet

Kitchen Garden Assistant Julie

Executive Teacher Anthea Theodoridis

Pantry Donations - Thank you to our families for generously donating pantry items to support our program. Every Primary student participates in a fortnightly cooking lesson, and your contributions help keep our pantry stocked and our kitchen running.

If you would like to donate dry goods, please drop them at the Front Office. Your support makes a meaningful difference for all our students, thank you for being part of our learning journey.

SENIOR SCHOOL

Small Group

Welcome back to another term! It has been a busy and bright start for our Year 7 and 8 small group. We are so proud of how quickly everyone has settled back into the routine. Here is a look at what we've been up to:

Mastering Maths

We have hit the ground running with our Maths program this term. Every single student has shown incredible focus and a "can-do" attitude.

- **Success Celebrations:** We just finished our first assessment on **multiplication**, and the results were fantastic! It's wonderful to see the students feeling confident with their times tables.
- **What's Next:** Over the coming weeks, we will be diving into **division, addition, subtraction**, and building our **number sense**.

The engagement in the classroom has been brilliant. Whether we are using counters, drawing out problems, or working on the whiteboard, the effort levels are at an all-time high!

"I Am" Art Gallery

If you've walked through the corridor between our classrooms lately, you've likely seen our stunning new art installation!

The students have been working hard on their "**I Am**" projects. This activity was all about celebrating what makes each student unique and special. The process involved:

1. **Positive Affirmations:** Students chose powerful words to describe themselves (like *kind, brave, and creative*).
2. **Background Painting:** Everyone got messy and creative with paint to create a vibrant backdrop.
3. **The Photos:** Students struck their best "cool pose" for a photoshoot to tie it all together!





The finished pieces are truly lovely and bring so much personality to our shared walkway.

Our "Favourite Things" Wall

Our classroom environment is so important to us, and we love making it feel like home. We are currently adding to our "Favourite Things" wall, which is a space dedicated to the hobbies, pets, and people that make our students happy.

A friendly reminder: If you have any photos at home that your child would like to include—perhaps a photo of a pet, a favourite toy, or a fun weekend activity—please **email them through or send a physical copy in**. We want to make sure everyone's favourites are represented! Students can also add to the wall by drawing a picture or writing a few sentences.

Thank you for your ongoing support in making this term so positive. We can't wait to see what the next few weeks bring!

Small Group Program – Ms Wright, Mr. H, Ms McLoughlin, Ms. Cameron, Gai, Sam, Hawani and Kelly.

Maths and Science

It has been another busy and exciting few weeks in Maths and Science!

Science

Year 7 Science and our Year 7/8 Small Group Science students are beginning a hands-on and highly engaging investigation: The Clean Water Enquiry. Over the rest of the term, students will be given a dirty water sample and challenged to make it potable (safe to drink). Along the way, they will learn and apply separation techniques such as hand picking, filtration and distillation. It's a fantastic real-world application of science concepts and problem-solving skills, and students are already excited to get started! Year 8 Science students are diving into

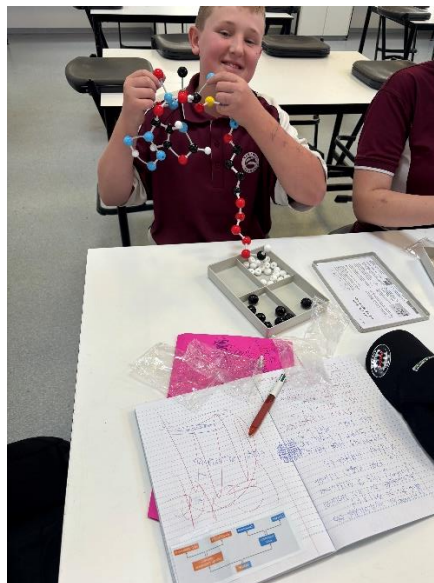
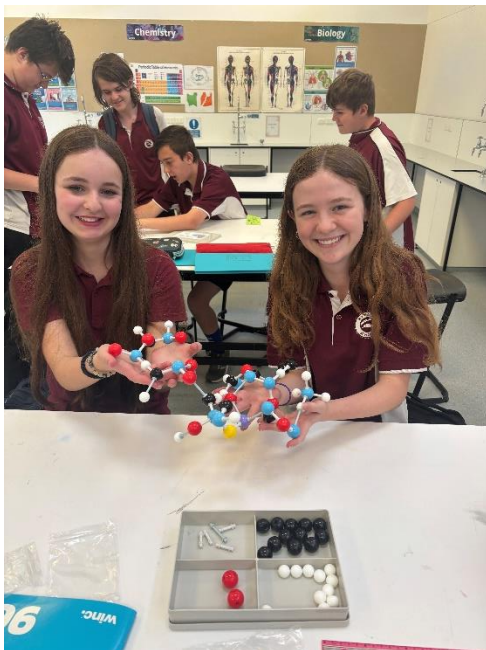
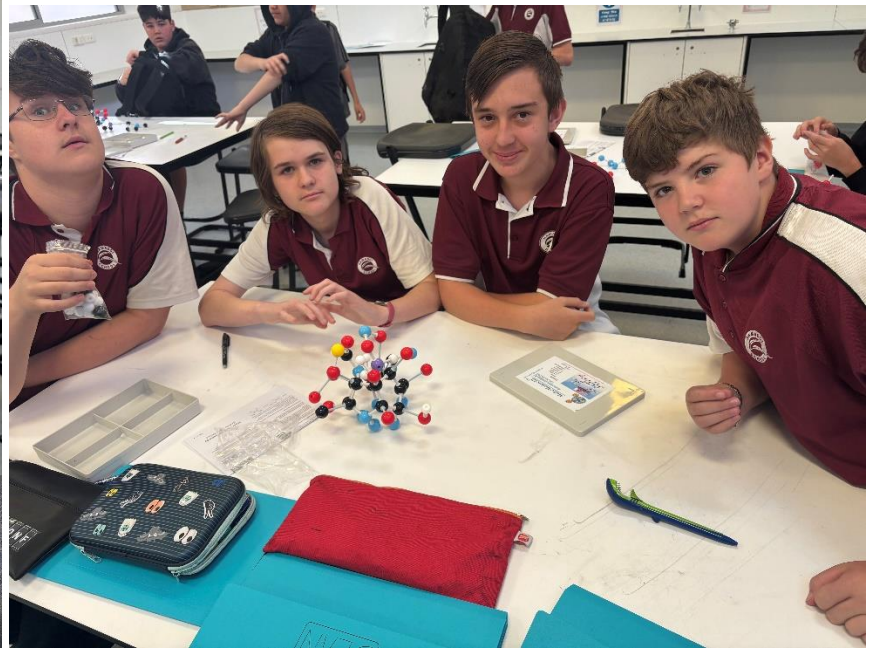
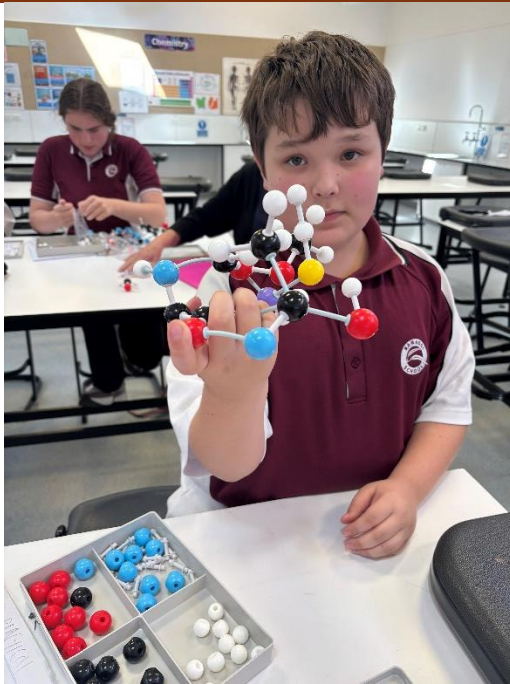
the Mystery Substance Enquiry. Using their growing chemistry knowledge, students will test and analyse an unknown substance to determine what it is. This builds directly on their recent learning about the particle model, physical and chemical changes, and identifying elements, compounds and mixtures. Recently, students have been modelling molecules in class — creating visual representations to better understand how atoms combine and rearrange during chemical reactions. Year 9 Science students are beginning their study of exothermic and endothermic reactions. These are chemical reactions that either release energy (exothermic — usually in the form of heat) or absorb energy from their surroundings (endothermic). Students will explore how these reactions work and where we see them in everyday life — including in instant hand warmers and cold packs used for sporting injuries. As part of their enquiry task, students will investigate the perfect ratio of chemicals needed to create a hand warmer that reaches an ideal temperature — not too hot, not too cold! Year 10 Science students are launching into their study of the Big Bang Theory, exploring the origins of the universe. They will examine the evidence that supports this theory, including redshift and cosmic background radiation. A fun fact to get them thinking: scientists estimate the universe is approximately 13.8 billion years old — and it is still expanding today!

Maths

Across all year levels, our mathematicians have been busy completing assessment tasks after a huge amount of learning this term.

- Year 7 students are preparing for an upcoming decimals assessment.
- Year 8 students have just completed their measurement assessment task.
- Year 9 students have wrapped up their geometric reasoning assessment.
- Year 10 students have completed their networks assessment task.

We are incredibly proud of the effort students have been putting into their learning and preparation. It's been wonderful to see their confidence growing across both Mathematics and Science!





Emily Corke, Amy McFarlane, Jade Payne, Charlie Bradshaw, Alicia Nguyen & Dhanashree Vedanti
Executive Teacher: Stacey Freedman

English, Humanities & Languages

Year 10 English: Exploring Empathy Through Children's Literature

This term, our Year 10 English students have embarked on a unique and deeply moving unit of study: the analysis of children's picture books. While these books may appear simple on the surface, our students are discovering the sophisticated artistry required to communicate complex human experiences to a young audience.

The cohort has been specifically investigating how sensitive topics—such as grief and loss—can be translated into narratives that are both accessible and comforting for small children. This task requires a high level of emotional intelligence, as students deconstruct how authors and illustrators use metaphor, colour, and gentle language to foster understanding without causing distress.



We have been incredibly impressed by the Respect and Caring our Year 10s have shown when engaging with these heavy themes. By stepping into the shoes of a younger reader, they are developing a profound sense of empathy—a key component of their social and emotional learning.

Well done to our Year 10 analysts for their dedication to understanding the "big" stories in small books.

Masaya Kajitani, Ben Raven, Nathan Kalinowski, Erika Brass
Executive Teacher – Joseph Nadler

HOSPITALITY

The VET Hospitality class has truly been buzzing with energy as the Busy Bean Café swings into full operation! Over the past few weeks, students have been putting their skills into action, transforming the café into a vibrant hub of activity, teamwork, and exceptional service. From mastering professional coffee-making techniques to delivering friendly, confident customer service, our students are showcasing the very best of hands-on learning in a real-world environment.







But the Busy Bean Café is serving up more than just smiles! The menu has featured a delicious variety of hot and cold beverages, freshly made toasties, tempting sweet and savoury treats, and refreshing, healthy fruit salad bowls. Each item is carefully prepared and presented with pride, reflecting the students' growing expertise and dedication to quality. We couldn't be prouder of the professionalism, enthusiasm, and creativity our VET Hospitality class continues to demonstrate!

Aliena Van Der Boogard
Kylie McClung
Executive Teacher : Mindi White

IMPORTANT INFORMATION



NAPLAN testing will occur in our school between **11 and 23 March 2026** for students in years 3, 5, 7 and 9.

Online NAPLAN tests provide more precise results and are engaging for students. The tests are tailored (or adaptive), which means that each test presents questions that may be more or less difficult depending on a student's responses. This helps students remain engaged with the assessment.

Tailored testing allows a wider range of student abilities to be assessed and measures student achievement more precisely. A student's overall NAPLAN result is based on both the number and complexity of questions they answer correctly. Your child should not be concerned if they find questions challenging; they may be taking a more complex test pathway.

All Year 3 students will complete the writing assessment on paper.

NAPLAN provides valuable information to schools and parents about literacy and numeracy achievement. It supports school improvement processes by enabling teachers to monitor student progress over time and to identify areas of strength and development.

All eligible students are encouraged and supported to participate in NAPLAN testing. Visit www.nap.edu.au to see interactive versions of the test and for more information.

Medical Plans – Urgent Reminder

For families who have indicated their child has an allergy, anaphylaxis, or a medical condition requiring a management plan.

We kindly request that all required medical forms be completed and returned to the front office by close of business on Monday 16 Feb 2026.

Notes and forms will be sent home today. Please treat this as urgent and return the completed documents promptly.

If you require assistance completing the forms, the front office team is available to support you.

NAMAS wheel

As part of our Positive Behaviour for Learning program in the secondary school, students can win prizes through the NAMAS wheel.

Students are recognised for following the school values of Safe, Respectful, Learner, Caring and Positive Attitude.

In our week three assembly, we had our first winners for 2026. These people are:

- Marc Richards.
- Sonam Penjor
- Isaac Beattie
- Carter Duncan

We congratulate all the students above.

Katie Langridge, Nathan Kalinowski, Amy McFarlane, Briona Cameron and Michael Thomas
Namadgi Secondary PBL team.

Tips from our High School Wellbeing Team

Creating a Calmer Start to the School Week

A 30-minute Sunday reset can help your week run smoother and create calmer predictability for the family.

Try:

- Reviewing the weekly calendar for key events, assessments and commitments
- Checking assignment due dates and planning when work will get done
- Packing bags, charging Chromebooks, and organising uniforms
- Identifying any tricky days and problem solving in advance
- A little preparation can reduce stress and increase confidence for students.

Parent Portal Help Desk

Please ask for Alex or Meghana at the front desk who will support you with registering on Parent Portal



ACT
Government

Online safety Year 7 transition webinars

For Parents and Carers

Wednesday 18 February 6 pm – 7 pm	Thursday 19 February 12 pm – 1 pm
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All Year 7 parents and carers are invited to attend an online safety webinar to:

- discover and respond to current online safety issues
- help your child be safe online
- learn where to get more resources and support.

Families are invited to attend **one** of these sessions:

Wednesday 18 February 6pm-7pm OR
Thursday 19 February 12pm-1pm.

To RSVP please go to
www.bit.ly/2026_Parent_OSE_RSVP



**Namadgi
Breakfast Club**

Every Morning
8:30 till 8:50am
in our Kitchen Garden

Sandwiches
Fruit
Toast
Cereals




NAMADGI
Uniform Shop

FRIDAYS: 3:00 – 3:30 PM

**We collect second hand uniforms
that are in good condition**

Please drop donations to
the Front Office



**NAMADGI COMMUNITY
PRODUCE**

Each week Namadgi School
receives fresh produce for our
community from One Box.

**THE
ONE
BOX**

You can collect **FREE** fresh
produce from outside the front
office each Thursday



 We warmly welcome you to
Namadgi School Playgroup
Starting in 2026 on
18th March 2026

When: Each Wednesday
9:00 till 10:30am

Where: 2A Preschool
Building Namadgi
School

The playgroup has been designed
for 3 to 4 year olds although
siblings of all ages are welcome to
join.

 For more information and
to register contact Aly Cleaver
alison.cleaver@ed.act.edu.au



We are asking for donations
to help our students play
and learn at school



If you have any of the
following items to donate
please deliver to our
school front office



COME TO OUR DINO-MITE BOOK FAIR

SCHOLASTIC



Opening Hours ~ Week 7 (10-13 March)
Tuesday, Wednesday, Thursday & Friday
8.30-8.55am & 3.05-3.30pm

HARMONY DAY



We are celebrating HARMONY DAY on
Friday 20th March
Please come dressed in orange or a
traditional costume

All primary
classes will meet
with their buddy
class to create a
collaborative
artwork focused
on belonging



Thank you **Lions Kambah**
for continuing to support
our community.



ACTION

TAE KWON-DO

MARTIAL ARTS CLASSES IN YOUR SCHOOL!

BOOK A FREE TRIAL NOW!

NAMADGI SCHOOL

HURRY!
 LIMIT SLOTS AVAILABLE

THURSDAYS
CHILDREN 6PM & ADULTS 7PM

KIDS DEVELOP

- ✓ DISCIPLINE
- ✓ CONFIDENCE
- ✓ FOCUS

AND LOTS OF...

FUN!

SCAN TO BOOK

0498 006 006

Info@actiontkd.com.au

Actiontkd.com.au

COOL KIDS

AT THE UNIVERSITY OF CANBERRA

Tuesday Cool Kids Program Commences 19 August 2025 for 10 weeks (one week off in school holidays)
 Thursday Cool Kids Program Commences 21 August 2025 for 10 weeks (one week off in school holidays)

The Cool Kids program is an evidence-based treatment program developed at Macquarie University that teaches children and their parents how to manage anxiety better. It is a ten-week structured group program run by trained, provisionally registered psychologists under the supervision of qualified psychologists. It involves the participation of both children and their parents/guardians and focuses on teaching clear and practical skills.

Cool Kid program costs \$500 per child and includes the program workbooks.

Run 1 day a week
 3:30 to 5:30

TOPICS COVERED IN THE PROGRAM

- ✓ What is anxiety?
✓ Detective thinking & realistic thinking
- ✓ Me and anxiety
✓ Learning to solve a problem
- ✓ Learning about feelings
✓ Why be a confident person?
- ✓ Fighting fear by facing fear
✓ Dealing with teasing

This program is suitable for children aged 7 -12 years who have an anxiety disorder. This program is not suitable for children whose anxiety may be the result of trauma or who have additional psychiatric conditions that may impact on their ability to benefit from the program.

CONTACT US FOR MORE INFORMATION

www.canberra.edu.au/health-clinics

02) 6201 5843

A FREE COMMUNITY EVENT

TUGGERANONG

CHILDREN'S FAIR

ISABELLA PLAINS EARLY CHILDHOOD SCHOOL

WEDNESDAY, 15 APRIL

(School Holidays)

10:30AM TILL 12:30PM

Gets the kids out and enjoy FREE games and activities and BBQ whilst parents and carers can connect with community organisations.

YWCA CANBERRA

COOL LITTLE KIDS PROGRAM

The Cool Little Kids program is an evidence-based treatment program developed at Macquarie University. It is a preventative program, in which many families have participated in. The program is facilitated by provisionally registered psychologists from the UC Psychology Clinic, under the supervision of qualified clinical supervisors

Cool Little Kids is a group parent program of children ages 3-6 years.

Topics in the program include:

- What is shyness & anxiety?
- Parenting an anxious child?
- Facing fears
- Managing parent anxiety

Program Costs \$295

When will the program run?
 The Cool Little Kids group will run on Tuesdays from 9:30am-11:00 am. The group will continue for approximately 6 weeks, with the commencement date being 19 August 2025.

02) 6201 5843

www.canberra.edu.au/health-clinics

JUNIOR PICKLEBALL SESSIONS



**Fridays, 4:30-6pm
The Pickledome, Fadden**

Book your session on the Opensports website and app. All materials provided

\$12 for juniors; parents play free with their child, or child plays solo

Ages 12-17 . Children under 12 considered on case by case basis

Check out Pickleball ACT website for further info



Ages 5-13

Holiday Camps on sale now!

**MINECRAFT • Coding
Robotics • Animation • Craft & more**

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YWCA Canberra Clubhouse

AT RICHARDSON PRIMARY SCHOOL



YWCA Canberra Clubhouse overview

YWCA'S Canberra Clubhouse is a free, out of school learning space that provides young people, aged 10 to 18 in the Tuggeranong region, with access to the latest technology, as well as mentoring and support to grow their skills in science, technology, engineering, arts, mathematics, and music (STEAMM). With the essential support from our cross-sector partners, volunteers, Tuggeranong community, and our dedicated staff, members can thrive in a supportive environment that fosters their creativity and learning in areas such as coding, 3D printing, photography, film making, textiles, game design, web design, tactile and digital art, electronics, music production, and more. At the Clubhouse, members will engage in long-term projects in collaboration with other members and with the support from a dedicated Clubhouse staff member.

Application and membership

To ensure the Clubhouse is delivering a high quality program that aligns with the Clubhouse Network Learning Model, prospective members must complete an application to become a member. Applicants can request to attend one of the two days available with a limited number of places available. Membership to the Clubhouse will now be on a term-by-term basis, meaning an application for membership will need to be submitted each term. Applications will be assessed on their suitability for this program based on the Learning Model, interest in STEAMM, and prior engagement in the Clubhouse program. Priority will be given to young people who live or attend school in the Tuggeranong region. Equitable access is important to us, we will do our best to accommodate all eligible young people. Applicants will be contacted in the last week of the school holidays with the outcome of their application and successful applicants will need to complete a more comprehensive membership form to give additional information and to provide consent. If a place is not able to be offered, the young person will be placed on a waiting list and contacted if a place becomes available.

The application can be accessed with this URL: <https://forms.office.com/r/3kttfts4Kj>

Structure

The following is what members can expect in a typical afternoon at the Clubhouse:

- 3:00pm - afternoon tea
- 3:15pm - circle time for group bonding, announcements, and project brainstorming/updates
- 3:30pm - working on projects
- 5:00pm - working on projects with gaming and free play also permitted
- 6:00pm - Clubhouse closes

Open hours and contact information

- Mondays and Wednesdays from 3:00pm to 6:00pm
- Street address: Richardson Primary School, May Gibbs Close, Richardson
- Postal address: Mura Lanyon Youth and Community Centre: 22 Sidney Nolan Street, Conder ACT, 2906
- Phone: 6185 2090/ 0400 300 781
- Email: youth@ywca-canberra.org.au
- Website: www.ywca-canberra.org.au

 [ywcacanberra_youth](#)  [YWCAclubhouse](#)  youth@ywca-canberra.org.au





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ThinkUKnow will present to our year 3, 4, 5 and 6 students on **Tuesday 10th March**



The presentation will provide information on the technologies children and young people use, the challenges they may face, and importantly, how they can be overcome.

